

Effectively Treat Behavior in Children: Traumatic Brain Injury, Autism Spectrum Disorder, Sensory Processing, Cognitive Limitations, PTSD and Other Challenges

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June 22nd - 23rd, 2019

COURSE DESCRIPTION

More effectively treat children and adolescents with complex behavioral, sensory integration, TBI, Autism Spectrum (DSM-V-TR associated diagnoses), cognitive limitations, PTSD, and other developmental challenges using a new approach synthesizing behavioral, sensory integration, handling, mindfulness, activity, music, and developmental strategies. This hands-on lab course emphasizes **practical evidence-based techniques** integrating Positive Behavioral Support, Mindfulness, Therapeutic Movement, NDT, Neuropsychology, Sensory Integration, and sensory massage. Participants are armed with ready-to-go techniques and consulting skills to help children who have behavioral problems, developmental disorders, Autism Spectrum Disorder, Sensory Processing Disorders, trauma histories, ADHD, Oppositional Defiant Disorder, Conduct Disorder, and major psychiatric illnesses. All participants receive reproducible copies of the recently published FAB Activity Strategies, Pressure Touch Program, Environmental Adaptations, Triggers & Coping Forms, and Oral Sensory Strategies and will learn to use them to develop individualized activity, environmental adaptation, and intervention strategies for home and school use.

Emphasis will be placed on implementing new transdisciplinary interventions and advancing your consultation skills with educators, parents, mental health therapists, physicians, and fellow therapists. This course is designed for occupational, speech, physical, and mental health therapists as well as special educators, psychiatrists, and other professionals seeking to improve functional outcomes with children 3 to 21 years old.

COURSE OBJECTIVES

Participants will be able to apply course learning immediately to:

- Manage severe behavioral challenges for improved occupational, speech/language and physical therapy outcomes.
- Assess and differentiate sensory integration and behavioral problems in infants, children, adolescents and young adults.
- Apply the assessment of sensory integration and behavioral problems to develop objective goals and apply appropriate intervention strategies addressing each child's individual behavioral and/or sensory integration challenges.
- Train teachers and therapists to implement multidisciplinary positive behavior support and sensory modulation strategies with youth who have complex behavioral challenges.
- Use the FAB Trigger and Coping Forms to identify the most problematic environmental and body triggers for each child and the most effective coping strategies to promote self-regulation.
- Implement advanced strategies for managing sensory integration and behavior problems (e.g. inattention, interrupting, screaming, swearing, kicking, biting and hitting) during individual and group treatment sessions.
- Learn to quickly develop home programs using the included forms (FAB: Activity Strategies to Promote Self-control, Pressure Touch, Environmental Adaptation, and Oral Sensory Strategies) for follow-up intervention across the child's school, OPD, hospital and home settings.

SCHEDULE DAY ONE

8:00-8:30 Registration/Continental Breakfast

8:30-9:00 The Child with Challenging Behavior

9:00-10:00 Mindfulness, Movement, and Music Breaks

10:00-10:15 Break

10:15-12:00 Assessing Sensory Processing and Behavioral Challenges

12:00-1:00 Lunch (on your own)

1:00-2:45 Art, Music, Puppets and Therapeutic Movement Strategies to Promote Self-Control

2:45-3:00 Break

3:00-4:30 Advance Behavioral Strategies Creative Evidence Based Approaches to improve self-control, self-regulation, awareness and attention

SCHEDULE DAY TWO

8:00-8:30 Continental Breakfast

8:30-10:00 **Treatment LAB:** Pressure Touch, Handling and Movement Strategy Approaches to add to your toolbox for

addressing resistant behavior, inattention, anxiety, withdrawal, as well as social and cognitive limitations.

10:00-10:15 Break

10:15-12:00 **Treatment LAB:** Activity Strategies to Improve Self-control

12:00-1:00 Lunch (on your own)

1:00-2:00 Groups, Environmental, School and Home Interventions

2:00-3:00 Training and Consulting with Parents, Educators and Mental Health Therapists

3:00-3:15 Break

3:15-4:30 **Practicum:** Developing Individualized Goals and Interventions. What is realistic?

FACULTY

John Pagano, Ph.D., OTR/L presents workshops internationally for educators, allied health therapists, and mental health practitioners on improving self-regulation in youth with complex behavioral, developmental, cognitive, and sensory processing challenges. He has over 30 years experience as a pediatric occupational therapist working in NICU, birth-to-three, sensory integration clinic, pre-school, school, group home, and adolescent psychiatric hospital settings. Dr. Pagano is known for his humorous, interactive workshops teaching extensive practical interventions for children and young adults with Autism Spectrum and other complex behavioral and developmental challenges. Dr. Pagano holds a B. S. degree in Occupational Therapy, M.S. in Special Education, and Ph.D. in Human development & Family Therapy. He is certified in Occupational Therapy, Neuro-Developmental (Bobath) Treatment, QST® Sensory Treatment for Autism, as well as an Instructor of Movement Based Learning® and Positive Behavioral Support. Dr. Pagano conducts clinical research and maintains a full time clinical occupational therapy practice specializing in children and adolescents with complex behavioral, Autism Spectrum, cognitive, and other developmental challenges. He is a member of the AOTA School Mental Health Working Group and publishes extensively on the practical clinical applications of transdisciplinary research. An in-depth description of Dr. Pagano's clinical approach can be found on his website www.fabstrategies.org.

Disclosure: Financial: Dr. Pagano receives a speaking fee from Education Resources. Nonfinancial: He has no non-financial relationships to disclose.

CREDITS

This course meets the criteria for 13 contact hours (1.3 CEU's) for PT, OT and SLP

TESTIMONIALS

"Dr. Pagano is a very dynamic speaker. He kept everyone engaged and interactive throughout the conference. His passion for this topic is contagious. Dr. Pagano provided updated research information as well as very useful and detailed clinical application. I would definitely recommend this course without hesitation." - *Laura Barrett, OTR*

"This course is excellent and should be encouraged for SLPs." - *Michelle Scotto-Fischetti, SLP*

"John is enthusiastic about sharing his knowledge, learning from others, and helping everyone problem solve. This is a great course taught by a gifted instructor who is an asset to our profession." - *Teresa Santaniello, PT*